

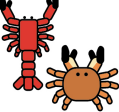













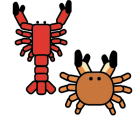

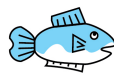
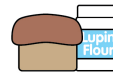










DISHES														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Lasagne	X	X		X			X		X	X	X	X	X	X
Chilli	X	X							X					
Scampi		X	X	X	X		X		X					
Salad dressing (Mustard in salad dressing, ask for no dressing)									X					
Tandoori chicken salad							X		X	X	X			
Mushroom briachetta		X					X							
Jacket skins chilli	X	X					X		X	X	X	X		
Jacket skins Mushroom & cheese	X						X							

Chips Contain no allergens however may be fried in the same oil as gluten and shellfish containing products		X	X											
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Sandwiches														
BACON BRIE. RANBERRY		X					X							
Tuna Cheese		X		X			X		X					
Ham, Cheese Tomato		X					X							
AvocatonPesto Tomato		X		X	X							X	X	

GF options available for bread with all fillings. Bread is made in a factory handling gluten, soya and sesame.

Brie Spinach Tomato		x					x							
Fish fingers sandwich		X		X					X					

Fish finger chips and peas kids		X												
Chicken goujon chips and beans kids	X	X												
Sausage chips and beans kids.		X												X
Kids bread		X											X	
Flatbread		X												
Smoked salmon flatbread		X					X							
Fig flatbread		X					X							
Spinach and stilton quiche		X		X			X							
Bacon cheese and onion quiche		X		X			X							

WE ENCOURAGE CONVERSATIONS!

Please discuss your allergies/ preferences with the team.

We do our best to ensure meals are free from allergens but we handle many allergens in our small kitchen so cannot guarantee they are 100% free from any allergen please discuss your allergy with your server so we can advise the safest option for you and take any extra steps to ensure theres no cross contamination. If you are coeliac or highly sensitive to gluten please state when ordering so your sandwich can be toasted on a separate griddle with separate utensils. Chips may be fried in the same oil used for gluten containing ingredients.

